

The Sagience Program

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The Next Chapter for Baby Boomers: Thriving in the 21st Century is designed for leaders and senior professionals of the baby boom generation who want to optimize their physical and mental vitality and enhance their intellectual and spiritual development. The Sagience Program focuses on mastering **mind, body, brain, and spirit**.

The forthcoming program runs for 16 weeks, from March 18 through July 1, and offers a [rich array of integrated program components](#):

- **Engage with 90-minutes of distilled, [leading-edge content on a key topic](#)**: either participate live on Tuesdays at 4 PM Eastern time or listen to the session on the Web anytime
- **Access a private, resource library**: this site will be filled with specially-prepared, concise, brief targeted reports (*Sagience Insights*), assessments, articles, book chapters, and other content, for every program topic
- **Participate in a small 60-minute application group facilitated by a [senior executive coach or consultant](#)**: discuss program topics in more depth; share ideas, experiences, and resources; and develop a supportive community to enhance learning and change
- **Deepen your knowledge through Special Sessions and Special Interest Groups**: participate in Special Sessions and Groups that are offered based on the interests expressed by program participants

The Program will be led by [Dr. Catherine Fitzgerald](#), who is an internationally recognized expert on executive coaching and on the psychology of midlife. A variety of leading-edge experts will be [guest presenters](#).

New Program Starts March 18!

You choose your schedule!

16 Weeks - 4 Modules - 4 Different Programs

Designed to fit even the busiest schedules...

- **[Intensive Program](#)**, weekly session covering all four modules (mind, body, brain, and spirit)
- **[Foundations Program](#)**, one key session from each of the four modules
- **[Module Program](#)**, all of the sessions from one (or more) modules
- **[Sampler Program](#)**, individual sessions that you choose

For a one-page comparison of programs, please [click here](#).

To Register Now, [click here](#). **Money Back Guarantee!**

For information about the new Psychologist Program, [click here](#)

Find Out More About the Programs

Participate in a Live Q&A with Catherine Fitzgerald

Get answers to your questions about the Sagience program you're interested in. Please [click here](#) for dates and times.

Sample Program Resources

To download a rich array of resources (special reports, articles, and book chapters) that will be used in the program, please [click here](#).

Listen to an Interview with Catherine Fitzgerald

Catherine was interviewed last fall about the Sagience Program. To hear her describe the background and focus of the Program and respond to questions, please [click here](#).

Stay Informed About Sagience

To sign up for our mailing list to receive information about new Sagience programs and resources, please [click here](#).

